


October 2016

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Boiled Eggs, Toast, Cereal, Fruit Bar, Milk</p> <p>-----</p> <p>Hamburgers, Fries Sherbet, Milk Salad bar</p>	<p>4 French toast Syrup, Cereal, Milk Fruit bar</p> <p>-----</p> <p>Fish, Black eye peas Hushpuppies, Fruit Salad bar, Milk</p>	<p>5 Breakfast Pizza Cereal, Fruit bar Milk</p> <p>-----</p> <p>Ravioli, Veggies Bread, Fruit, Milk Salad bar</p>	<p>6 Biscuit, White or Chocolate gravy Cereal, Fruit bar Milk</p> <p>-----</p> <p>Chicken , Potatoes Biscuit, Gravy Fruit, Milk, Salad Bar</p>	<p>7 Pancakes, Syrup Bacon, Cereal, Fruit Bar, Milk</p> <p>-----</p> <p>Turkey n Cheese Wrap, Chips Cookies, Fruit Salad bar, Milk</p>
<p>10 Breakfast bites Syrup, Cereal, Fruit bar, Milk</p> <p>-----</p> <p>Meatballs w sauce Noodles, G. Beans Fruit, Milk, Salad bar</p>	<p>11 Biscuit, Gravy Cereal, Juice, Milk Fruit</p> <p>-----</p> <p>Hamburger, Chips Pork n Beans Salad bar, Milk</p>	<p>12 Breakfast Burrito and fixings Cereal, Fruit bar Milk</p> <p>-----</p> <p>Egg Roll, Fried Rice Oranges, Cookies Salad bar, Milk</p>	<p>13</p> <p>No</p> <p>School</p> <p>FALL BREAK</p>	<p>14</p> <p>No</p> <p>School</p> <p>FALL BREAK</p>
<p>17 Pancake n stick Syrup, Cereal, Fruit Bar, Milk</p> <p>-----</p> <p>Quesadilla, Veggies Apple / Dip Milk, Salad bar</p>	<p>18 Eggs, Toast Cereal, Fruit bar Milk</p> <p>-----</p> <p>Pork Chop Scalloped Potatoes Rolls, Milk Salad bar</p>	<p>19 Bagel, Cream Cheese, Yogurt bar Milk, Fruit bar</p> <p>-----</p> <p>Sloppy Joes, Chips Corn, Fruit Milk, Salad bar</p>	<p>20 Sausage gravy, Biscuit Cereal, Fruit bar Milk</p> <p>-----</p> <p>Corn Dog, Baked Beans, Mallow Treats, Milk, Salad bar</p>	<p>21</p> <p>No</p> <p>School</p>
<p>24 Breakfast Pizza Cereal, Juice, Milk Fruit</p> <p>-----</p> <p>Chicken Strips, Biscuit, Potatoes Gravy, Salad bar Milk</p>	<p>25 Biscuit, Gravy Cereal, Juice Fruit, Milk</p> <p>-----</p> <p>Pizza, Broccoli Cake, Fruit, Milk Salad bar</p>	<p>26 Eggs, Toast Cereal, Juice, Milk Fruit</p> <p>-----</p> <p>Cheeseburger Mac Green Beans, Milk Salad bar</p>	<p>27 Oatmeal, Toast Cereal, Juice, Milk Fruit</p> <p>-----</p> <p>Hamburgers, Fries Sherbet, Milk Salad bar</p>	<p>28 Pancakes, Syrup Cereal, Fruit bar, Milk</p> <p>-----</p> <p>Burritos, Veggies Fruit, Milk Salad bar</p>
<p>31 Sausage biscuit Yogurt Bar, Milk Fruit bar</p> <p>-----</p> <p>Meat balls, Rice Carrots, Milk Salad bar</p>				

This Institution is an equal opportunity provider and employer.

