

November 2017

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinnamon Toast Sausage, Cereal Fruit bar, Milk ----- Chicken Nuggets Mac/Cheese, Veggie, Milk, Fruit Salad bar	2 Biscuit, Gravy Cereal, Milk Fruit bar ----- Fiesta Soup Tortilla chips Cheese, Cookie Milk, Salad bar	3 Breakfast bread Yogurt, Cereal Milk, Fruit bar ----- Ham/Cheese sand. Sherbet, Chips Milk, Salad bar
6 Sausage Biscuit Cereal, Milk, Fruit bar ----- Grilled Chicken sandwich Sweet Potato Tots Milk, Salad bar	7 Breakfast Pizza Cereal, Milk Fruit bar ----- Pork Chop Potatoes, Rolls Pineapple, Milk Salad bar	8 French Toast Syrup, Cereal, Milk, Fruit bar ----- Egg Roll, Rice Veggies, Cookies Oranges, Milk Salad bar	9 Biscuit, Gravy Cereal Milk, Fruit bar ----- Chili w Beans Fritos, Fruit Cheese, Milk Salad bar	10 Pancakes Syrup, Cereal, Milk Fruit bar ----- Hamburger Chips, Sherbet Milk, Juice, Salad bar
13 Ham/Cheese on flat bread Cereal, Juice, Milk Fruit bar ----- Corn Dog, Baked Beans, Apples/Dip Milk, Salad bar	14 Scrambled egg sand. , Cereal Milk, Fruit bar ----- Fish, Black Eye Pea Hushpuppies Peaches Milk, Salad bar	15 Breakfast bites Cereal, Juice, Milk Fruit bar ----- Rib sandwich Chips, Pears Milk, Salad bar	16 Sausage Biscuit, Cereal Milk, Fruit bar ----- Pizza, Broccoli Fruit, Cupcake Salad bar, Milk	17 Muffins, Yogurt Cereal, Fruit bar Milk----- Turkey Dressing Rolls, Green Beans Potatoes, Gravy Pie, Milk
27 French toast Cereal, Fruit bar Milk ----- Pulled pork sand. Corn n Cob, Fruit Salad bar, Milk	28 Sausage Biscuit Cereal, Milk, Fruit Bar ----- Pizza, Broccoli Banana Pudding Milk, Salad bar	29 Breakfast Burrito w fixings Cereal, Fruit bar Milk----- Tacos, Refried Beans, Tropical Salad , Milk, Salad bar	30 Oatmeal, Toast Cereal, Fruit bar Milk----- Baked Potato Roll, Chicken Salad bar, Milk	

MENU IS SUBJECT TO CHANGE DUE TO EQUIPMENT REPAIRS.
This Institution is an equal opportunity provider and employer.