

November 2016

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French Toast Sticks, Cereal Milk Milk, Fruit bar----- Chicken Taco Refried Beans Cherry Crisp, Milk Salad bar	2 Ham/Cheese Croissant, Cereal Milk, Fruit bar----- Smokies, Veggies Mac/Cheese Spiced Apples Milk, Salad bar	3 Cooks Choice Cereal, Milk Fruit bar----- Fiesta Soup Tortilla chips Cheese, Cookie Milk, Salad bar	4 Cinnamon Roll Yogurt, Cereal Milk, Fruit bar----- Ham/Cheese sand. Sherbet, Chips Milk, Salad bar
7 Bagels, Cream Cheese, Yogurt bar, Milk Fruit bar----- Grilled Chicken sandwich Sweet Potato Tots Milk, Salad bar	8 Breakfast Pizza Cereal, Milk Fruit bar----- Pork Chop Potatoes, Rolls Pineapple, Milk Salad bar	9 Donuts, Yogurt Cereal, Milk Fruit bar----- Egg Roll, Rice Veggies, Cookies Oranges, Milk Salad bar	10 Biscuit Gravy, Cereal Milk, Fruit bar----- Nacho Supreme Refried Beans Tropical Fruit Milk, Salad bar	11 Pancakes on Sticks, Cereal, Milk Fruit bar----- Hamburger Chips, Sherbet Milk, Juice, Salad bar
14 Breakfast Bagel Cereal, Juice, Milk Fruit bar----- Corn Dog, Baked Beans, Apples/Dip Milk, Salad bar	15 Egg/cheese Croissant, Cereal Milk, Fruit bar ----- Chicken Nuggets Mac/Cheese Milk, Salad bar	16 Breakfast bites Cereal, Juice, Milk Fruit bar ----- Rib sandwich Chips, Pears Milk, Salad bar	17 Sausage Biscuit, Cereal Milk, Fruit bar ----- Pizza, Broccoli Fruit, Cupcake Salad bar, Milk	18 Cereal, Muffin Yogurt Fruit, Juice, Milk---- Turkey Dressing Rolls, Green Beans Potatoes, Gravy Pie, Milk
21	22	23	24	25
28 Muffins, Yogurt Cereal, Milk Fruit bar----- Meat loaf, Potatoes Rolls, Fruit Salad bar, Milk	29 Sausage Biscuit Cereal, Milk, Fruit Bar----- Hamburger, Chips Banana Pudding Milk, Salad bar	30 Breakfast Burrito w fixings Cereal, Fruit bar Milk----- Tacos, Refried Beans, Tropical Salad , Milk, Salad bar		

This Institution is an equal opportunity provider and employer.