




ROLAND JR/SR HIGH MENU

MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 BREAKFAST Scrambled eggs, toast Cereal, Fruit bar, Milk</p> <p>LUNCH Chicken Spaghetti Green Beans Garlic Toast Fruit & Veg Bars, Milk</p>	<p>2 BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburger Fries Cookie Fruit & Veg Bars, Milk</p>	<p>3 BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Stew Cornbread/Cracker CAKE Fruit & Veg Bars, Milk</p>	<p>4 BREAKFAST Pancakes Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Pinto Beans, Cubed Potatoes Cabbage, Corn Bread Fruit & Veg Bars, Milk</p>
<p>7 BREAKFAST Oatmeal, Toast Sausage Cereal, Fruit Bar, Milk</p> <p>LUNCH Beef N Cheese Nachos Refried beans Fruit & Veg Bars, Milk</p>	<p>8 BREAKFAST Scrambled eggs, toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken Strips Mashed Potatoes Biscuit, Gravy Fruit & Veg Bars, Milk</p>	<p>9 BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Ham Sandwich Chips Cookie Fruit & Veg Bars, Milk</p>	<p>10 BREAKFAST Oatmeal, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Spaghetti Green Beans Bread Stick Fruit & Veg Bars, Milk</p>	<p>11 BREAKFAST Pancake on a stick Cereal, Fruit Bar, Milk</p> <p>LUNCH Hot Soup Choice Toasted Cheese Ice Cream Fruit & Veg Bars, Milk</p>
<p>14 BREAKFAST Breakfast Bars, Toast Cereal, Fruit Bars, Milk</p> <p>LUNCH Fajita Spanish Rice Cake Fruit & Veg Bars, Milk</p>	<p>15 BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bars, Milk</p> <p>LUNCH Chicken Strips Mashed Potatoes Biscuit, Gravy Fruit & Veg Bars, Milk</p>	<p>16 BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburger Fries, Cookie Fruit & Veg Bars, Milk</p>	<p>17 BREAKFAST Donuts Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken, Rice Broccoli, Hot Roll Fruit & Veg Bars, Milk</p>	<p>18 BREAKFAST Breakfast Bites Fruit Bar, Milk</p> <p>LUNCH Lil Smokies Macaroni and Cheese Green Beans, Hot Roll Fruit & Veg Bars, Milk</p>
<p>21 BREAKFAST Breakfast Pizza Cereal, Fruit Bar, Milk</p> <p>LUNCH Corn Dogs Baked Beans, Fruit Dessert Fruit & Veg Bars, Milk</p>	<p>22 BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bars, Milk</p> <p>LUNCH Hamburger Fries, Cookie Fruit & Veg Bars, Milk</p>	<p>23 BREAKFAST Cereal Fruit Bar, Milk</p> <p>LUNCH Sandwich Chips Rice Krispy Bars Fruit & Veg Bars, Milk</p>		

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