


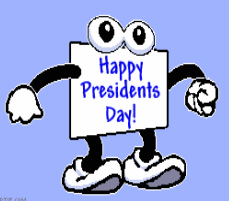
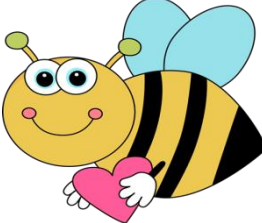



ROLAND JR/SR HIGH MENU

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p>TWEETY</p>		<p>1 BREAKFAST Muffin Cereal, Fruit Bar, Milk</p> <p>LUNCH Lil smokies Mac & Cheese Hot Roll Fruit & Veg Bars, Milk</p>	<p>2 BREAKFAST Pancake on a stick, Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Pinto Beans Cubed Potatoes Cabbage, Crackers Ice Cream Fruit & Veg Bars, Milk</p>
<p>5. BREAKFAST Breakfast Bars, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Beef n cheese nachos Refried Beans, Fruit Desert Fruit & Veg Bars, Milk</p>	<p>6. BREAKFAST Scrambled eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Meat Loaf Mashed potatoes Hot Rolls Fruit & Veg Bars, Milk</p>	<p>7. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken sandwich Chips Rice Krispy bar Fruit & Veg Bars, Milk</p>	<p>8. BREAKFAST Toast, Yogurt Cereal, Fruit Bar, Milk</p> <p>LUNCH Frito Chili Pie Corn Fruit & Veg Bars, Milk</p>	<p>9. BREAKFAST Breakfast Bites, Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Hot soup choice Toasted cheese Ice Cream Fruit & Veg Bars, Milk</p>
<p>12. BREAKFAST Breakfast Pizza Cereal, Fruit Bar, Milk</p> <p>LUNCH Fajita Spanish Rice Fruit & Veg Bars, Milk</p>	<p>13. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken Strips, Mashed Potatoes, Biscuit, Gravy Fruit & Veg Bars, Milk</p>	<p>14. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Sloppy Joe Chips Fruit & Veg Bars, Milk</p>	<p>15. BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Stew Crackers Fruit & Veg Bars, Milk</p>	<p>16. BREAKFAST Pancakes, syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Baked Fish Black Eyed Peas Crackers, Ice Cream Fruit & Veg Bars, Milk</p>
<p>19</p> 	<p>20. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken & Rice Broccoli, Hot Rolls Fruit & Veg Bars, Milk</p>	<p>21. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburgers Chips Fruit & Veg Bars, Milk</p>	<p>22. BREAKFAST Muffin Cereal, Fruit Bar, Milk</p> <p>LUNCH Egg Rolls, Fried Rice Fortune cookie Fruit & Veg. Bars, Milk</p>	<p>23. BREAKFAST Pancake on a stick, syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Corn Dog, Baked Beans Chips, Ice Cream Fruit & Veg Bars, Milk</p>
<p>26. BREAKFAST Breakfast Bar Cereal, Fruit Bar, Milk</p> <p>LUNCH Crispito w cheese Refried Beans Fruit & Veg Bars, Milk</p>	<p>27. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Spaghetti, Corn Garlic Toast Fruit & Veg Bars, Milk</p>	<p>28. BREAKFAST Biscuit & Gravy Cereal, 'Fruit Bar, Milk</p> <p>LUNCH Chicken Sandwich, Chips Rice Krispy Bar Fruit & Veg Bars, Milk</p>		

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