

# ROLAND JR/SR HIGH MENU

## FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>TWEETY</p>	<p>1. BREAKFAST Biscuit &amp; Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburger Chips Cookie Fruit &amp; Veg Bars, Milk</p>	<p>2. BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Lil smokies Mac &amp; Cheese Fruit &amp; Veg Bars, Milk</p>	<p>3. BREAKFAST Pancakes, Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Pinto Beans Cubed Potatoes Cabbage, Corn Bread Ice Cream Fruit &amp; Veg Bars, Milk</p>
<p>6. BREAKFAST Sausage Biscuit Cereal, Fruit Bar, Milk</p> <p>LUNCH Beef n cheese nachos Refried Beans, Fruit Desert Fruit &amp; Veg Bars, Milk</p>	<p>7. BREAKFAST Scrambled eggs, toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken Mashed Potatoes Hot Roll Fruit &amp; Veg Bars, Milk</p>	<p>8. BREAKFAST Biscuit &amp; Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken sandwich Chips Rice Krispy bar Fruit &amp; Veg Bars, Milk</p>	<p>9. BREAKFAST Muffin Cereal, Fruit Bar, Milk</p> <p>LUNCH Frito Chili Pie Corn Fruit &amp; Veg Bars, Milk</p>	<p>10. BREAKFAST Pancake on a stick, Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Hot soup choice Toasted cheese Ice Cream Fruit &amp; Veg Bars, Milk</p>
<p>13. BREAKFAST Breakfast Pizza Cereal, Fruit Bar, Milk</p> <p>LUNCH Fajita Spanish Rice Fruit &amp; Veg Bars, Milk</p>	<p>14. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken Strips, Mashed Potatoes, Biscuit, Gravy Fruit &amp; Veg Bars, Milk</p>	<p>15. BREAKFAST Biscuit &amp; Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Sloppy Joe Chips Fruit &amp; Veg Bars, Milk</p>	<p>16. BREAKFAST Cinnamon Roll Cereal, Fruit Bar, Milk</p> <p>LUNCH Stew Corn Bread Fruit &amp; Veg Bars, Milk</p>	<p>17. BREAKFAST Waffles &amp; Fruit Cereal, Fruit Bar, Milk</p> <p>LUNCH Baked Fish Black Eyed Peas Hushpuppies, Ice Cream Fruit &amp; Veg Bars, Milk</p>
<p>20.</p>	<p>21. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken &amp; Rice Broccoli, Hot Rolls Fruit &amp; Veg Bars, Milk</p>	<p>22. BREAKFAST Biscuit &amp; Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburgers Baked Beans Chips Fruit &amp; Veg Bars, Milk</p>	<p>23. BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Egg Rolls, Fried Rice Fortune cookie Fruit &amp; Veg. Bars, Milk</p>	<p>24. BREAKFAST Pancakes, syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Hot Dog, Chili Chips, Ice Cream Fruit &amp; Veg Bars, Milk</p>
<p>27. BREAKFAST Sausage Biscuit Cereal, Fruit Bar, Milk</p> <p>LUNCH Crispito w cheese Refried Beans Fruit &amp; Veg Bars, Milk</p>	<p>28. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Spaghetti, Corn Garlic Toast Fruit &amp; Veg Bars, Milk</p>			

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