

December 2016

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Blueberry Bagel Cream Cheese Cereal, Milk, Fruit bar----- Chicken, Bake Potato, Roll, Peaches Milk, Salad bar	2 Pancakes, Sausage Cereal, Fruit bar, Milk ----- Pizza, Broccoli Cupcakes, Fruit Milk, Salad bar
5 French Toast stick Syrup, Cereal, Milk Fruit bar----- Hamburgers, Tots Sherbet, Milk Salad bar	6 Cinnamon Roll, Yogurt bar, Fruit bar Milk----- Fish, Black Eye Peas Hushpuppies, Fruit Salad bar, Milk	7 Eggs, Toast, Cereal Fruit bar, Milk ----- Ravioli, Breadstick Veggies, Cheese stick Fruit, Milk, Salad bar	8 Biscuit, Sausage Gravy, Cereal, Milk Fruit bar----- BBQ Chicken, Corn Spiced Apples, Milk Bread, Salad bar	9 Breakfast Sliders Cereal, Milk Fruit bar----- Ham/Cheese sandwich Chips, Cookies Milk, Salad bar
12 Cinnamon Toast Sausage, Yogurt Bar Milk, Fruit bar----- Hot Dog, Tots Chili, Cheese cup Milk, Salad bar	13 Ham/Cheese Croissant, Cereal Milk, Fruit bar ----- Beef veggie soup Corn muffin, Moon pie, Salad bar, Milk	14 Oatmeal, Toast Cereal, Fruit bar Milk----- Turkey/Cheese sand. Chips, Sherbet Milk, Salad bar	15 Sausage Biscuit Cereal, Juice, Milk Fruit----- Corn Dog Baked Beans, Apples/Dip Salad bar, Milk	16 Blueberry Muffin Yogurt, Cereal, Milk ----- Ham, Sweet Potatoes Rolls, Green Beans Dessert, Milk
19	20	21	22	23
<h1 style="color: red; opacity: 0.5;">Merry Christmas</h1>				
				

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