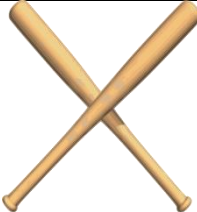






ROLAND JR/SR HIGH MENU

APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. BREAKFAST Breakfast pizza Cereal, Fruit Bar, Milk LUNCH Fajita Refried Beans Fruit & Veg Bars, Milk	3. BREAKFAST Scrambled eggs, toast Cereal, Fruit bar, Milk LUNCH Chicken Strips, Mashed Potatoes Biscuit, gravy Fruit & Veg Bars, Milk	4. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk LUNCH Hot Ham and Cheese Chips Fruit & Veg Bars, Milk	5. BREAKFAST Donut Cereal, Fruit Bar, Milk LUNCH Stew Cornbread/Crackers Fruit & Veg Bars, Milk	6. BREAKFAST Waffles & Fruit Syrup Cereal, Fruit Bar, Milk LUNCH Chicken Spaghetti, Corn, Bread Stick Fruit & Veg Bars, Milk
9. BREAKFAST Sausage Biscuit Cereal, Fruit Bar, Milk LUNCH Pizza Caesar Salad Cake Fruit & Veg Bars, Milk	10. BREAKFAST Scrambled eggs, toast Cereal, Fruit Bar, Milk LUNCH Chicken Strips Mashed Potatoes Biscuit, Gravy Fruit & Veg Bars, Milk	11. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk LUNCH Hamburger Fries, Cookie Fruit & Veg Bars, Milk	12. BREAKFAST Oatmeal, Toast Cereal, Fruit Bar, Milk LUNCH Chicken and Rice Hot Roll, Broccoli Fruit & Veg Bars, Milk	13. BREAKFAST Pancake on a Stick Cereal, Fruit Bar, Milk LUNCH Corn Dogs, Baked Beans Chips, Ice Cream Fruit & Veg Bars, Milk
16. BREAKFAST Breakfast Bars, Toast Cereal, Fruit Bars, Milk LUNCH Soft Taco Refried beans Fruit & Veg Bars, Milk	17. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bars, Milk LUNCH Chicken Strips Mashed Potatoes Biscuit, Gravy Fruit & Veg Bars, Milk	18. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk LUNCH Chicken Sandwich Chips Cookie Fruit & Veg Bars, Milk	19. BREAKFAST Toast, Yogurt Cereal, Fruit Bar, Milk LUNCH Spaghetti Corn, Garlic Toast Fruit & Veg Bars, Milk	
23. BREAKFAST Breakfast Pizza Cereal, Fruit Bar, Milk LUNCH Fajita Refried Beans Cake Fruit & Veg Bars, Milk	24. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk LUNCH Chicken Strips Potatoes Biscuit, Gravy Fruit & Veg Bars, Milk	25. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk LUNCH Hamburger Fries Cookies Fruit & Veg Bars, Milk	26. BREAKFAST Muffin Cereal, Fruit Bar, Milk LUNCH Sandwich Chips Fruit & Veg. Bars, Milk	27. BREAKFAST Pancakes Syrup Cereal, Fruit Bar, Milk LUNCH Hot Dog, Chili Chips, Ice Cream Fruit & Veg Bars, Milk
30. BREAKFAST Sausage Biscuit Cereal, Fruit Bar, Milk LUNCH Pizza Caesar Salad Fruit & Veg Bars, Milk				

THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER