






ROLAND JR/SR HIGH MENU

APRIL 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| <p>3 BREAKFAST Breakfast pizza Cereal, Fruit Bar, Milk</p> <p>LUNCH Fajita Spanish rice Fruit & Veg Bars, Milk</p> | <p>4 BREAKFAST Scrambled eggs, toast Cereal, Fruit bar, Milk</p> <p>LUNCH Chicken Strips, Mashed Potatoes Biscuit, gravy Fruit & Veg Bars, Milk</p> | <p>5. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Sloppy Joes Chips Cookie Fruit & Veg Bars, Milk</p> | <p>6 BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Stew Corn Bread Fruit & Veg Bars, Milk</p> | <p>7 BREAKFAST Pancakes Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Baked fish Black Eyed peas Hush puppies, ice cream Fruit & Veg Bars, Milk</p> |
| <p>10. BREAKFAST Sausage Biscuit Cereal, Fruit Bar, Milk</p> <p>LUNCH Pizza Caesar Salad Cake Fruit & Veg Bars, Milk</p> | <p>11. BREAKFAST Scrambled eggs, toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken, Rice Broccoli Hot Roll Fruit & Veg Bars, Milk</p> | <p>12. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Hamburger Baked Beans Cookie, Chips Fruit & Veg Bars, Milk</p> | <p>13 BREAKFAST Oatmeal, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Turkey, Potatoes Green beans Hot rolls, Fruit & Veg Bars, Milk</p> | <p>14</p> <p>HAPPY EASTER</p> |
| <p>17 BREAKFAST Breakfast Bars, Toast Cereal, Fruit Bars, Milk</p> <p>LUNCH Crispito w/cheese Refried beans Fruit & Veg Bars, Milk</p> | <p>18 BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bars, Milk</p> <p>LUNCH Spaghetti Corn Garlic toast Fruit & Veg Bars, Milk</p> | <p>19 BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Chicken Sandwich Chips Rice Krispy bars Fruit & Veg Bars, Milk</p> | <p>20 BREAKFAST Cinnamon Roll Cereal, Fruit Bar, Milk</p> <p>LUNCH Chili, Cornbread Pudding Fruit & Veg Bars, Milk</p> | <p>21 BREAKFAST Waffles & Fruit Cereal, Fruit Bar, Milk</p> <p>LUNCH Baked Potato Chef Salad, Broccoli Bread Stix, Ice Cream Fruit & Veg Bars, Milk</p> |
| <p>24. BREAKFAST Oatmeal, Sausage, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Soft Taco Refried Beans Cake Fruit & Veg Bars, Milk</p> | <p>24. BREAKFAST Scrambled Eggs, Toast Cereal, Fruit Bar, Milk</p> <p>LUNCH Beef tips & rice Green beans Hot rolls Fruit & Veg Bars, Milk</p> | <p>26. BREAKFAST Biscuit & Gravy Cereal, Fruit Bar, Milk</p> <p>LUNCH Sloppy joes chips Cookies Fruit & Veg Bars, Milk</p> | <p>27. BREAKFAST Donut Cereal, Fruit Bar, Milk</p> <p>LUNCH Ham sandwich Chips Strawberries Fruit & Veg. Bars, Milk</p> | <p>28. BREAKFAST Pancakes Syrup Cereal, Fruit Bar, Milk</p> <p>LUNCH Corn dog Baked beans Ice Cream Fruit & Veg Bars, Milk</p> |
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